

# Cumberland Academy FALL LACROSSE LEAGUE

Cumberland Academy  
7200 Paluxy Dr. Tyler TX 75703

[www.cumberlandacademy.com](http://www.cumberlandacademy.com)

#### Contact

Risto Worthington  
[rworthington@cumberlandacademy.com](mailto:rworthington@cumberlandacademy.com)  
903-630-7670

#### Costs:

Registration for US Lacrosse  
\$20 league fee  
\$300 refundable deposit  
equipment rental  
(optional)

Make Checks Payable:  
Tyler Lacrosse

#### REGISTRATION

Saturday, September 10  
10 a.m. – 12 p.m.  
CAHS field  
{Beginners Clinic 10-11,  
Registration 11-12}



#### GOALS

The Cumberland Academy Fall Lacrosse League is designed to:

- Give quality instruction to each age group and player regardless of experience
- Create a fun and valuable way to give each player more game experience
- Train new coaches through apprenticeship along side our coaching staff
  - Train new referees

#### DATES

September 12 - October 10

High School  
Monday 5 - 6:30 p.m.

7th and 8th Grade  
Tuesday 5 - 6:30 p.m.

3rd - 6th Grade  
Thursday 5 - 6:30 p.m.

## Cumberland Academy Fall Lacrosse League

This fall we will be holding three evenings of 7v7 lacrosse for five weeks starting in September. Each evening will start with 20 minutes of instruction on different skills or tactical points of the game. Each age group will have their own evening to get the full attention of the coaches. We will use this league to pick travel teams from each age group for a tournament in November.

Anyone interested in helping coach or referee is encouraged to come out and learn from our experienced coaching staff.

#### MEET THE COACH

The lacrosse program is run by Risto Worthington. He came from Baltimore, MD where he played collegiately, professionally, and internationally. Risto was a coach in the prestigious MIAA high school lacrosse league for 14 years. This summer, Risto helped coach the Finland National lacrosse team to a Bronze medal in the European Lacrosse Championships in Budapest Hungary.



# Registration Form



CUMBERLAND  
KNIGHTS

*We will require all participants to be USLacrosse members. USLacrosse is the governing body for lacrosse in the United States. Being a member provides secondary insurance coverage to all participants. It is also a requirement for any participants playing in the tournament in the November.*

*To become a member go to:*

[Uslacrosse.org](http://Uslacrosse.org)

Player Name \_\_\_\_\_

Player grade \_\_\_\_\_

USLacrosse Number \_\_\_\_\_

Parent Name \_\_\_\_\_

Address \_\_\_\_\_

Email \_\_\_\_\_

Phone \_\_\_\_\_

Alt. Contact \_\_\_\_\_

Will the participant carry/administer medication while playing? \_\_\_\_\_

If so, what medication? \_\_\_\_\_

**\*\*Please bring registration form and payment with you to registration at the CAHS field on Saturday, September 10 at 10 a.m.\*\***

Parent/Guardian Authorization: A parent/guardian signature is required on file granting permission for emergency treatment should the participant require it.

I hereby state that my child is in good health and able to participate in the Fall Lacrosse League. In case of an emergency that requires immediate attention. I understand that my child will be taken to the nearest hospital emergency room. I understand that all attempts will be made to contact a parent prior to transportation. The undersigned parent or guardian hereby agrees to release and discharge the school, its trustees, employees, and agents from and against any and all claims, actions, liability, and expense including attorney's fees and court costs in connection with personal injury and/or damage in property arising from or out of participant's attendance, unless such injury and/or damage is occasioned by the gross negligence of the School. I have read and fully understand all the terms and conditions as explained on this form and give permission as outlined above.

Parent/Guardian signature \_\_\_\_\_